

## USING BAKING SODA TO FIGHT PH-DEPENDENT VIRUS REPRODUCTION (A REFERENCE)

The following is an excerpt from

[https://archive.lib.msu.edu/DMC/sliker/msuspcsbs\\_armh\\_armandhamm42/msuspcsbs\\_armh\\_armandhamm42.pdf](https://archive.lib.msu.edu/DMC/sliker/msuspcsbs_armh_armandhamm42/msuspcsbs_armh_armandhamm42.pdf).

It provides the recommended dosages from the Arm and Hammer Company for colds and influenza as given back in 1925:

- **During the first day** take six doses of half teaspoonful of Arm & Hammer Bicarbonate of Soda in glass of cool water, at about two hour intervals.
- **During the second day** take four doses of half teaspoonful of Arm and Hammer Bicarbonate of Soda in glass of cool water, at the same intervals.
- **During the third day** take two doses of half teaspoonful of Arm and Hammer Bicarbonate of Soda in glass of cool water morning and evening, and thereafter half teaspoonful in glass of cool water each morning until cold is cured.

This is NOT provided as Medical Advice, but is referenced as an historical account of what was suggested back then. More accounts of using Baking Soda to treat influenza or other PH-Dependent viruses can be found at the following page:

<https://drsircus.com/flu/uses-in-daily-health/>